PRAIRIE GYMNASTICS CLUB

FLIP — LAUGH — WONDER

1241 N. Raddant Rd, Batavia, IL 60510

Class Schedule

Online Registration Only
at www.prairiegym.com

If you have any questions, please call us at
(630) 406-6803 or e-mail info@prairiegym.com

Classes	Length	Cost *(per month)*	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parent & Tot *Ages 2 - 3.5*	45 minutes	$90				10:45am		8:15am
Gym Kids 1 *3.5 - Preschool*	45 minutes	$90	9:15am 1:15pm	4:30pm 5:30pm 6:15pm	4:15pm 5:15pm	5:30pm	9:15am	9:15am 11:00am 12:00pm
Gym Kids 2 *Kindergarten*	1 hour	$100	4:15pm	4:30pm 5:30pm	5:15pm	4:15pm 5:30pm		8:30am 11:00am 1:00pm
Boys Gym Kids *Ages 4-5*	1 hour	$100					4:30pm	11:00am
Boys 1 *1st grade and up*	1 hour 20 minutes	$115	5:30pm	4:00pm				9:30am
Girls 1 *1st grade and up*	1 hour 20 minutes	$115	4:00pm 5:30pm	4:00pm 5:30pm	4:00pm 6:15pm	6:30pm	4:00pm	9:30am 11:00am
Girls 2 *1st grade and up*	1 hour 20 minutes	$115	5:30pm	4:00pm	6:15pm	4:00pm	6:30pm	9:30am
Girls 3+ *2nd grade and up*	2 hours 4 hours	$150 $240	6:00pm				6:00pm	
Tumbling 1 *1st grade and up*	1 hour	$100	6:50pm		5:15pm 6:15pm			11:00am
Tumbling 2 *1st grade and up*	1 hour	$100			4:00pm			
High School Tumbling	1 hour	$100	7:50pm		7:15pm			
Preschool Playtime $10/visit	**October – May** *1 year - KG with an adult present*		Preschool Playtime 10:15-11:30am	Preschool Playtime 10:15-11:30am		Preschool Playtime 9:15-10:30am	Preschool Playtime 10:15-11:30am	

07/22/26

Check out our online Customer Portal to view the most current class schedule by visiting our website at www.prairiegym.com and clicking on "Register Now". The Customer Portal allows you to view your account, make payments, and register for classes!

Annual Membership Fee: 1st child $30; 2nd child $30; $10 for each additional child
Tuition: 10% off for 2nd class; 2nd child; etc.

Full tuition refund for withdrawal within your first week.
Ask about our FREE trial classes for new customers!

Prairie Gymnastics Club uses a convenient **no contract, pay by the month** registration system.
Classes run year-round unless otherwise noted ■ No long-term commitments ■ Smaller monthly payments
No need to register for sessions ■ Never lose your spot in your favorite class.

www.prairiegym.com **(630) 406-6803**

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Preschool Program

Parent & Tot (ages 2-3.5 years)
Designed for parent-child interaction, this class blends a fun, playful environment with a structured lesson plan. Each class includes instructor-led songs, a weekly activity and featured skill, guided exploration, pit time, hand stamps, and plenty of fun! Classes are 45 minutes long.

Gym Kids 1 (ages 3.5 -Preschool)
Children will "flip, laugh, and wonder" as they learn basic gymnastics skills and vocabulary in a fun, engaging environment. Using a variety of preschool-sized equipment, they'll build strength, coordination, and confidence while learning how to stay safe and enjoy the gym. Classes are 45 minutes long.

Gym Kids 2 (Kindergarten)
Building on the foundation of Gym Kids 1, children will continue to expand their gymnastics skills and vocabulary while developing greater strength, flexibility, and coordination. With more time on each event, they'll gain confidence, body awareness, and independence in the gym—all while having fun! Classes are 1 hour long.

Boys Gym Kids (ages 4-5)
This boys-only class is designed for high energy and big fun! While building on the basics, boys will learn foundational gymnastics skills on equipment tailored just for them — rings, bars, tumbling, and more. With a focus on strength, flexibility, and coordination, these classes also support athletic development for other sports. All in a positive, encouraging environment where smiles and laughter are part of the workout! Classes are 1 hour.

Gym Kids 3 (Preschool-Kindergarten)
Gym Kids 3 is an invite only class designed to further challenge gymnasts who have demonstrated advanced skill level in the preschool program but are still too young for our recreational or pre-team program. These classes focus on basic gymnastics skills and developing strength, flexibility, and a greater love for the sport of gymnastics!

Recreational Program

Girls Level 1 (grade 1 and up)
Girls 1 is our beginner-level girls gymnastics class where athletes are introduced to skills on all four Olympic events: vault, uneven bars, balance beam, and floor exercise. Gymnasts will build foundational strength, coordination, flexibility, and basic gymnastics skills while learning proper technique and body control on each event. Classes are 1 hour 20 minutes long.

Girls Level 2 (grade 1 and up)
Girls 2 is an intermediate gymnastics class for athletes who have demonstrated proficiency in foundational skills and are ready to progress to more challenging elements on the four Olympic events: vault, uneven bars, balance beam, and floor exercise. Gymnasts continue developing strength, flexibility, and proper technique as they build the skills needed for more advanced gymnastics. Classes are 1 hour 20 minutes long.

Girls Level 3 + (grade 2 and up)
Girls 3 is an advanced recreational gymnastics class for athletes who have mastered the foundational skills and are ready to continue progressing on the four Olympic events: vault, uneven bars, balance beam, and floor exercise. Gymnasts focus on refining technique, building strength and flexibility, and developing more advanced skills and combinations. Classes are 2 hours long.

Boys Level 1 (grade 1 and up)
Boys 1 is a beginner gymnastics class designed to introduce boys to the fundamentals of the sport. Athletes will learn basic skills while building strength, coordination, and confidence in a fun and supportive environment. Classes focus on safety and proper technique as boys are introduced to skills on the men's gymnastics events and equipment. Classes are 1 hour 20 minutes long.

Tumbling Level 1 (grade 1 and up)
Our co-ed Tumbling 1 class introduces students to fundamental tumbling skills, including forward rolls, handstands, cartwheels, round-offs, and front and back walkovers. Athletes will focus on building proper technique, strength, and body control to create a strong foundation for future skill progression. Training includes tumble trak, trampoline, and a variety of skill-building equipment such as wedge mats, octagons, skill cushions, and our 18' x 20' foam pit. Classes are 1 hour long.

Tumbling Level 2 (grade 1 and up)
Our co-ed Tumbling 2 class builds on the skills developed in Tumbling 1, progressing toward more advanced tumbling such as front and back handsprings and front and back tucks. Athletes will continue to focus on technique, power, and body control while gaining confidence in their skills. Training includes tumble trak, trampoline, and a variety of skill-building equipment such as wedge mats, octagons, skill cushions, and our 18' x 20' foam pit. Classes are 1 hour long.

High School Tumbling (ages 14-19)
Our High School Tumbling class is perfect for both gymnasts and cheerleaders looking to build and refine their tumbling skills—from foundational basics to more advanced techniques. Athletes will train using tumble trak, trampoline, and a variety of skill-building equipment, including wedge mats, octagons, skill cushions, and our 18' x 20' foam pit. Classes are 1 hour long.