



**PRAIRIE
GYMNASTICS CLUB**

FLIP — LAUGH — WONDER

1241 N. Raddant Rd, Batavia, IL 60510

Class Schedule
Online Registration Only
at www.prairiegym.com

**If you have any questions, please call us at
 (630) 406-6803 or e-mail info@prairiegym.com**

| Classes | Length | Cost (per month) | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---------------------|--|--|------------------|---|--|------------------------------|
| Parent & Tot <i>2 - 3 1/2 years</i> | 45 minutes | \$80 | | | | 10:45am | | 8:15am |
| Gym Kids 1 <i>3 1/2 - Preschool</i> | 45 minutes | \$80 | 9:15am 1:15pm | 4:30pm 5:30pm 6:15pm | 4:15pm 5:15pm | 5:30pm | 9:15am | 9:15am 11:00am 12:00pm |
| Gym Kids 2 <i>Kindergarten</i> | 1 hour | \$90 | 4:15pm | 4:30pm 5:30pm | 5:15pm | 4:15pm 5:30pm | 4:30pm 5:30pm | 8:30am 11:00am 1:00pm |
| Boys 1 <i>1st grade and up</i> | 1 hour 20 minutes | \$105 | | 4:00pm | | | 4:00pm | 9:30am |
| Girls 1 <i>1st grade and up</i> | 1 hour 20 minutes | \$105 | 4:00pm 5:30pm | 4:00pm 5:30pm | 4:00pm 6:15pm | 4:00pm 6:30pm | 4:00pm | 9:30am 11:00am |
| Girls 2 <i>1st grade and up</i> | 1 hour 20 minutes | \$105 | 5:30pm | 4:00pm | 6:15pm | 4:00pm | 6:30pm | 9:30am |
| Girls 3+ <i>2nd grade and up</i> | 2 hours 4 hours | \$138 \$220 | 6:00pm | | | | 6:00pm | |
| Tumbling 1 <i>1st grade and up</i> | 1 hour | \$90 | 6:30pm | | 5:15pm 6:15pm | | | 11:00am |
| Tumbling 2 <i>1st grade and up</i> | 1 hour | \$90 | | | 4:00pm | | | |
| High School Tumbling | 1 hour | \$90 | | | 7:15pm | | | |
| Preschool Playtime \$10/visit | October – May <i>1 year - KG with an adult present</i> | | Preschool Playtime 10:15- 11:30am | Preschool Playtime 10:15- 11:30am | | Preschool Playtime 9:15- 10:30am | Preschool Playtime 10:15- 11:30am | |

01/10/25

Check out our online Customer Portal to view the most current class schedule by visiting our website at www.prairiegym.com and clicking on "Register Now". The Customer Portal allows you to view your account, make payments, and register for classes!

Annual Membership Fee: 1st child \$30; 2nd child \$30; \$10 for each additional child

Tuition: 10% off for 2nd class; 2nd child; etc.

Full tuition refund for withdrawal within your first week.

Ask about our FREE trial classes for new customers!

Prairie Gymnastics Club uses a convenient **no contract, pay by the month** registration system.

Classes run year-round unless otherwise noted ■ No long-term commitments ■ Smaller monthly payments

No need to register for sessions ■ Never lose your spot in your favorite class.

www.prairiegym.com

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Preschool Program

Parent & Tot (ages 2-3 ½ years)

Designed for parent-child interaction, this class combines a playful atmosphere with a structured lesson plan. Each class will have instructor guided songs, an activity and gym skill of the week, free exploration, pit time, hand stamps, and lots of fun. Classes are 45 minutes. Parents (caregivers) must be 18 or older.

Gym Kids 1 (ages 3 ½ -Preschool)

Children will “flip, laugh, and wonder” at the fun they are having while learning basic gymnastics skills and vocabulary. Using a variety of preschool sized apparatus, children will develop strength, coordination, and self-confidence while learning how to be safe and have fun in the gym. Classes are 45 minutes.

Gym Kids 2 (Kindergarten)

Building on the basics of Gym Kids 1, children will add more skills (and words) to their gymnastics repertoire. The strength and flexibility they develop will go a long way toward mastering other sports as well. Smiles and laughter are expected. Classes are 1 hour.

Gym Kids 3 (Preschool-Kindergarten)

Gym Kids 3 is an invite only class designed to further challenge gymnasts who have demonstrated advanced skill level in the preschool program but are still too young for our recreational or pre-team program. These classes focus on basic gymnastics skills and developing strength, flexibility, and a greater love for the sport of gymnastics! Classes are 1 hour.

Recreational Program

Girls Level 1 (grade 1 and up)

Classes designed for the beginning gymnast. The emphasis is on safety, strength, mastering the basics and finding out how much fun the sport can be. Classes are 1 hour 20 minutes.

Girls Level 2 (grade 1 and up)

Classes for the intermediate gymnast who can demonstrate proficiency in selected skills. We continue to emphasize strength and flexibility so the girls can safely learn more complex skills. Classes are 1 hour 20 minutes.

Girls Level 3 + (grade 2 and up)

Classes for the advanced level gymnast. We encourage the girls to attend two classes a week. Classes are 2 hours.

Boys Level 1 (grade 1 and up)

Classes designed for the beginning gymnast. The emphasis is on safety, strength, mastering the basics and finding out how much fun the sport can be. Classes are 1 hour 20 minutes.

Tumbling Level 1 (grade 1 and up)

Our co-ed tumbling classes introduce students to basic tumbling skills such as forward rolls, handstands, cartwheels, round offs, and front/back walkovers. Perfecting these basic skills allows students to progress to more advanced tumbling skills. Tumble trak and trampoline will be included along with drills using wedge mats, octagon shapes, skill cushions, and our 18'x20' foam filled pit. Classes are 1 hour.

Tumbling Level 2 (grade 1 and up)

Our co-ed tumbling classes continue to build on the basic skills learned in Tumbling 1, working toward more advanced skills such as a front/back handspring and front/back tuck. Tumble trak and trampoline will be included along with drills using wedge mats, octagon shapes, skill cushions, and our 18'x20' foam filled pit. Classes are 1 hour.

High School Tumbling (ages 14-19)

Our high school tumbling classes are great for cheerleaders or gymnasts! The class will go from the basics through advanced skills. Tumble trak and trampoline will be included along with drills using wedge mats, octagon shapes, skill cushions, and our 18'x20' foam filled pit. Classes are 1 hour.