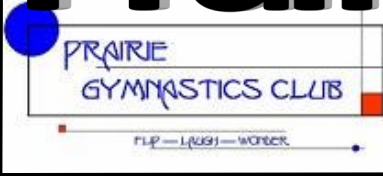


Prairie Gym News



1241 N. Raddant Rd. Batavia, IL 60510

630-406-6803

www.prairiegym.com

Fall Classes

Prairie Gymnastics Club uses a no contract, pay by the month registration system.

Reminders:

- Tuition is due on the 27th of each month for the upcoming month.
- Make sure your credit card on file is up to date to avoid a late fee or an interruption in your child's training.
- Please pick your child up at the Pick Up door to avoid having young children walk across the parking lot alone.
- Please be sure to let us know of any absences in advance. To qualify for a make-up token, you must mark your child absent in the Customer Portal prior to the start of class.
- If at any time you wish to withdraw from our program, visit your Customer Portal account and click "My Account > Enrollments > Drop Enrollment" no later than the 20th of the month.

Did You Know...

...the first newspaper ever in the United States was printed on September 25, 1690?

...the leaves change color in the fall because the days become shorter, and trees stop producing chlorophyll, revealing beautiful red, orange, and yellow pigments?

...Australia is wider than the moon?

...September is National Chicken Month?

...the official animal of Scotland is the unicorn?

...owls hoot louder in the fall while searching for a place to nest during winter?

...sloths can hold their breath longer than dolphins?

...Venus is the only planet that spins clockwise?



September 2023

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Upcoming Events

Labor Day (Closed)
Monday, September 4th

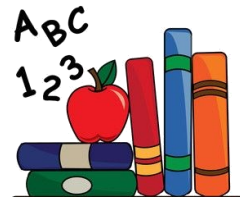


National Gymnastics Day
Saturday, September 16th

**See the Back Page for
September Open Gyms!**

Back to School Tips!

1. Washing hands stops germs! Soap and water is one of the best ways to avoid getting sick and spreading germs.
2. Eat well, be active, and get enough sleep!
3. Encourage your child to make friends with other children.
4. Breakfast before school is essential! Having a hardy breakfast boosts your energy levels and alertness!
5. Make the unknown environment more familiar! Participate in your school's "Meet the Teacher!"
6. Boost your child's self esteem! Remind them of how hard they are working and give them praise!
7. Plan a to-do list! You will feel more accomplished keeping track of responsibilities.
8. Get ready the night before. Set out clothes, pack lunches, and have backpacks packed. This will help you save time in the mornings!



Gym Closed

Monday, September 4th



Happy Birthday!

SEPTEMBER

| | | | |
|------|-------------|------|-------------|
| 1st | Charlee J. | 17th | Olive N. |
| 1st | Benjamin S. | 18th | Riley K. |
| 4th | Addilyn R. | 19th | Matilda Z. |
| 5th | Abhay A. | 19th | Sky B. |
| 6th | Talia A. | 20th | Savannah R. |
| 6th | Lola A. | 20th | Mason B. |
| 7th | Easton B. | 21st | Kennedy S. |
| 8th | Amelia T. | 24th | Kaya C. |
| 8th | Sonja M. | 24th | Callie N. |
| 9th | Amila S. | 24th | Arianna T. |
| 10th | Jocelyn M. | 25th | Teddy W. |
| 11th | Emma P. | 26th | Helena N. |
| 11th | Layla P. | 27th | Haley M. |
| 13th | Annabel E. | 27th | Bianca V. |
| 15th | Anna J. | 29th | Marie R. |
| 15th | Narjis M. | 29th | Riley J. |
| 16th | Abby Y. | 30th | Luca C. |
| 16th | Jordyn L. | | |



Open Gym Schedule

Family Open Gym (Ages 1-17)

Saturday, September 23rd
3:45-5:00pm

\$10.00 PER CHILD

PRE-REGISTRATION REQUIRED

OPEN TO MEMBERS & NON-MEMBERS

Preschool Playtime
will be back in October!



Theme Weeks

| Week of: | Gym Kids | Rec Classes |
|----------|--------------------|--------------------|
| Sept. 4 | | Handstand Week |
| Sept. 11 | Pirate Week | Pirate Week |
| Sept. 18 | | Name That Skill |
| Sept. 25 | | Variations Week |



STAFF Spotlight

The staff spotlight for September is Coach Diana! Diana started gymnastics when she was just three years old. She competed up to Level 9/10 Optional and began coaching at age 16 in Tennessee where she is originally from. Diana coaches recreational classes and the Xcel Bronze Competitive Team.

Fun Facts about Coach Diana:

- Favorite Event: Beam
- Favorite Event to Coach: Vault
- Favorite Food: Soup
- Favorite Color: Black
- Favorite Animal: Red Panda
- Pets: 3 dogs (Baldur, Juneau, and Katana), 1 cat (Socks), 1 Lizard (Rhegar)
- Favorite thing about coaching: Watching the kids gain independence and confidence.
- During Diana's free time she likes to walk ALL her animals and hang out with her husband.

