

Prairie Gym News

PRairie
GYMNASTICS CLUB

FLIP — LOGS — WOODS

1241 N. Raddant Rd. Batavia, IL 60510

630-406-6803

www.prairiegym.com

Summer Classes

Prairie Gymnastics Club uses a no contract, pay by the month registration system.

Reminders:

- Tuition is due on the 27th of each month for the upcoming month.
- Make sure your credit card on file is up to date to avoid a late fee or an interruption in your child's training.
- Written notice is required to withdraw from a class 10 days before the end of the month. Withdrawal request forms are available at the front desk or on our website.
- Please pick your child up at the Pick Up door to avoid having young children walk across the parking lot alone.
- Please be sure to let us know of any absences in advance. To qualify for a make-up token, you must mark your child absent in the Customer Portal prior to the start of class.

Did You Know...

...June is the month with the longest daylight hours of the year in the Northern Hemisphere?

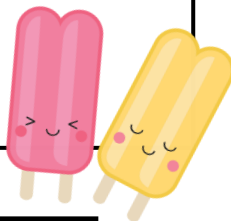
...June's birthstone is the pearl, the Moonstone and the Alexandrite?

...the hottest part of the day is between 11:00am and 3:00pm?

...tug-of-war used to be a summer Olympic event?

...humans are scientifically proven to be happier in the summer?

...the Eiffel Tower gets six inches taller in the summer?



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Upcoming Events

Summer Break (Closed)
June 5th-10th



Father's Day
Sunday, June 18th

First Day of Summer
Wednesday June 21st



4th of July (Closed)
Tuesday, July 4th

Summer Break: Tips to Keep Kids Engaged, Healthy, and Fit

1. Keep the learning going!
2. Visit local museums and zoos.
3. Try biking, hiking, and gardening as a family.
4. Try a weekly sports activity (like gymnastics!)
5. Use inexpensive fitness equipment such as jump ropes or elastic bands for fitness fun.
6. Review dietary guidelines (MyPlate.gov is a great resource). Let the kids plan menus, create at-home taste-testing experiences, or learn new recipes.
7. Keep kids on a regular sleep schedule.
8. Make sure kids hydrate throughout the day with healthy liquids.
9. Apply sunblock regularly when outdoors, especially after swimming or sweaty activities.
10. Make sure kids use bug spray and sunglasses.
11. Summer days should have a balance of free play, learning, healthy eating, and fitness!

Healthcentral.com

Gym Closed

June 5th-10th



Happy Birthday!

JUNE BIRTHDAYS

1st	Madeline L.	12th	Nola T.
2nd	Dakota M.	16th	Walter M.
2nd	Emily K.	16th	Haven K.
3rd	Eleanor H.	16th	Charlotte C.
3rd	Georgia R.	18th	Ava M.
3rd	Lucy H.	20th	Cayla C.
4th	Sophia C.	20th	Herbie O.
4th	Gabriel T..	20th	Emma V.
6th	Skylar H.	21st	Emma K.
6th	Addison Z.	24th	Charlotte J.
6th	Knox N.	24th	Faith P.
7th	Finley C.	24th	Emily D.
11th	McKenna G.	25th	Tatum G.
11th	Parker D.	26th	Samantha H.
12th	Joanna A..	27th	Isaac Z.
12th	Adelyn B.	28th	Penelope B.



VACATION HANDSTAND

Going on vacation this summer?
Don't forget to send us a picture of
you doing a handstand in your
favorite vacation spot for our
social media! Our favorites may
also end up on the Handstand
Wall at the gym!



Team Results

XCEL REGIONALS

Xcel Gold:

Ellie: 1st Floor; 2nd Beam, Vault, AA

Xcel Platinum:

Kaylee: 3rd Bars

Xcel Silver:

Khloe: 3rd Vault



SUMMER MADE EASY!

SUMMER SCHEDULING IS NOW EASIER
THAN EVER WITH UNLIMITED MAKE-UPS!
ENJOY SUMMER VACATIONS WITHOUT
MISSING OUT ON THE FUN AT PRAIRIE!

OUR CLASS SCHEDULE REMAINS THE
SAME YEAR-ROUND.

CONGRATS TO OUR GRADUATING SENIORS!

Coach Kaylee, Coach Mikey, Coach
Maddy, & Coach Melanie



Family Open Gym (Ages 1 & Up)

Every Friday From
10:15-11:15am

6/16/22 - 8/11/22

Adult Must Be Present

\$8.00 PER CHILD (CASH ONLY)
ADULTS & CHILDREN UNDER 1 ARE FREE
PRE-REGISTRATION REQUIRED
OPEN TO MEMBERS & NON-MEMBERS