

# Prairie Gym News

PRairie  
GYMNASICS CLUB

FLIP — LOGS — WHEELS

1241 N. Raddant Rd. Batavia, IL 60510

630-406-6803

www.prairiegym.com

## Fall Classes

**Prairie Gymnastics Club uses a no contract, pay by the month registration system.**



### Reminders:

- Tuition is due on the 27th of each month for the upcoming month.
- Make sure your credit card on file is up to date to avoid a late fee or an interruption in your child's training.
- A 10 day written notice is required to withdraw from a class. Withdrawal request forms are available at the front desk or on our website.
- Please pick your child up at the Pick Up door to avoid having young children walk across the parking lot alone.
- If your child is showing **any** signs of illness (cough, runny nose, fever), he/she will be sent home. As you can imagine, it is very difficult for our staff to tell a child they cannot participate in class so when in doubt, please keep them home.

## Did You Know...

....bubble wrap was originally designed to be wallpaper?

....there is a planet shaped like a potato?

.... the letter "Q" is the only letter that doesn't appear in a U.S state name?

....competitive art used to be in the Olympics?

....stop signs used to be yellow?

....sea otters hold hands while they sleep?

....hot water freezes into ice faster than cold water?

....some cats are actually allergic to humans?



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## Upcoming Events

**Labor Day (Closed)**

Monday, September 6th

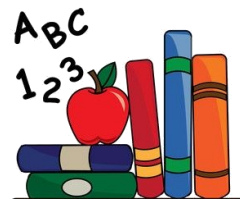
**National Gymnastics Day**

Saturday, September 18th

**See the Back Page for September Open Gyms!**

## Back to School Tips!

1. Washing hands stops germs! Soap and water is one of the best ways to avoid getting sick and spreading germs.
2. Eat well, be active, and get enough sleep!
3. Encourage your child to make friends with other children.
4. Breakfast before school is essential! Having a hardy breakfast boosts your energy levels and alertness!
5. Make the unknown environment more familiar! Participate in your school's "Meet the Teacher!"
6. Boost your child's self esteem! Remind them of how hard they are working and give them praise!
7. Plan a to-do list! You will feel more accomplished keeping track of responsibilities.
8. Get ready the night before. Set out clothes, pack lunches, and have backpacks packed! This will help you save time in the mornings!



**Gym Closed**

Monday, September 6th



# Happy Birthday!

## SEPTEMBER

1st	Isabelle B.	12th	Melody A.
4th	Judah T.	16th	Adelynn H.
4th	Gianna K.	17th	Aubrey H.
5th	Mariah A.	17th	Isabelle M.
7th	Michael C.	19th	Noah V.
7th	Oliver J.	22nd	Genevieve K.
7th	Kate W.	24th	Ivy D.
8th	Mason M.	24th	Kaya C.
9th	William C.	26th	Ershleen T.
9th	Harper H.	27th	Haley M.
10th	Jocelyn M.	28th	Dylan Rose G.
10th	Owen G.	28th	Keira T.
10th	Ruth R.	29th	Marie R.



## Open Gym Schedule

### Preschool Playtime (Ages 2-6)

Saturday, September 11th - 4:00-5:00pm  
Saturday, September 25th - 3:30-4:30pm



### Open Gym (Ages 6-17)



Saturday, September 18th - 4:00-5:00pm

**PRE-REGISTRATION REQUIRED  
OPEN TO MEMBERS & NON-MEMBERS**

## Theme Weeks

Week of:	Gym Kids	Rec Classes
Sept. 6		Handstand Week
Sept. 13	<b>Pirate Week</b>	<b>Pirate Week</b>
Sept. 20		Name That Skill
Sept. 27		Variations Week



## STAFF Spotlight

The staff spotlight for September is Coach Tamara! Tamara started doing gymnastics when she was just 3 years old! She finished her career as a USAG Level 9 gymnast. Tamara won 1st at many State and Regional meets and also competed at level 9 Nationals!

Fun Facts about Tamara:

- Favorite Event: Bars
- Favorite Event to Coach: Bars
- Favorite Food: Anything Barbecue
- Favorite Color: Green
- Favorite Animal: Elephant
- Pets: 1 dog named Buster
- During her free time, Tamara enjoys hanging out with her family, going to new restaurants, and being active outside!

