

Prairie Gym News



1241 N. Raddant Rd. Batavia, IL 60510 630-406-6803 www.prairiegym.com

Upcoming Events

Parent's Night Out
Saturday, November 2nd

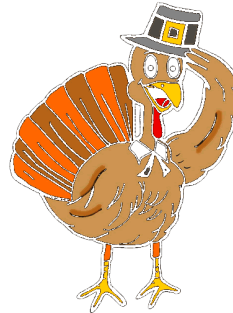
Gymnast Evaluations
Nov 4th—16th

Veteran's Day (Open)
Monday, November 11th

Tumbling Clinics
Wednesday, November 27th

Thanksgiving Break
No Classes
Nov 27th—29th

Thanksgiving (Closed)
Thursday, November 28th



Fall Classes

Prairie Gymnastics Club uses a no contract, pay by the month registration system.

Reminders:

- Make ups must be pre-arranged with the front office staff and scheduled **AFTER** the missed class occurs.
- Tuition is due on the 27th of each month for the upcoming month.
- A 10 day written notice is required to drop a class. Drop request forms are available at the front desk.

Open Gyms

OPEN GYM (1ST-12TH GRADE)
Every Friday 8:00-9:15pm

\$5.00 members / \$8.00 non-members

PRESCHOOL PLAYTIME
OCTOBER-MAY
(Ages 1-KG with an adult present)

Mondays 10:45am-12:00pm
Tuesdays 11:15am-12:30pm
Wednesdays 10:00-11:15am
Thursdays 10:15-11:30am
Fridays 10:15-11:30am

Adult must be present. \$5.00 / child

FAMILY OPEN GYM (All Ages)

Mondays 1:45-3:00pm

1-3 kids - \$5.00 / 4+ kids - \$15.00

Adult must be present

All open gyms are cash only

Evaluations

All recreational gymnasts will be evaluated Nov 4th - 16th. **Please do your best to make sure your child does not miss class during evaluations.** The week following, a report card will be sent home. You will also be able to see your child's results on the Parent Portal. Access the Parent Portal at www.prairiegym.com and click "Register Now". Log in and click "Evaluations" on the left hand side.

- ★ Attempted Skill
- ★★ Learning Skill
- ★★★ Mastered Skill

No Rec Classes

November 27-29

November 2019

Vol 11, No 3



Happy Birthday!

November

1 st	Alexa B. Peter D.	15 th	Mackenna M. Kade Q.
2 nd	Kayla B. Myles W.	16 th	Baylor H. Kathryn B.
3 rd	Eleanor S.	17 th	Sophia T. Eli S.
4 th	Sophia C.	18 th	Isabelle J. Jesela T.
6 th	Tenley M. Cooper T.	19 th	Lauren O.
7 th	Thea A.	20 th	Lilliana J. Piper K.
8 th	Penelope B.	21 st	Declan S.
9 th	Carter M.	24 th	Micah M.
11 th	Kate L.	29 th	Louis T.
12 th	Elizabeth J.		
13 th	Braelyn D. Brianna M.		
14 th	Leah F.		



world **diabetes** day

14 November

- Some 1.25 million Americans are living with T1D, including about 200,000 youth (less than 20 years old).
- Being active is important for people with diabetes.
- Athletes with type 1 diabetes can compete safely, as long as they maintain good control of their blood sugar and plan for, monitor, and react to changes in blood sugar levels that can happen because of different levels of exercise intensity and duration.
- Some famous athletes with Type 1 Diabetes: Jay Cutler (Denver Broncos, Chicago Bears); Ron Santo (Chicago Cubs); Gary Hall Jr, (Olympic gold medalist)

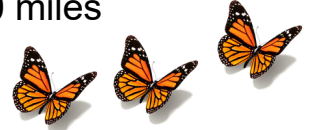
Excerpts from: <https://type1.cornerstones4care.com>

Did you know...

...Americans eat 46 million turkeys each Thanksgiving ?

...Wild turkeys can run 20 miles per hour when they are scared?

...Monarch butterflies are the only insect that migrates up to 2,500 miles for nicer weather?



Staff Updates

We are sad to announce that Coach Braden will be leaving Prairie as of Friday, November 8th. We wish him the best of luck in his future endeavors!

We'd also like to welcome Coach Keawe who will be joining us on Monday, November 11th as a recreational and team coach. Keawe comes to us with years of experience as a collegiate gymnast and coach. We're excited to have him join our team!

Theme Weeks

Week of:	Gym Kids	Rec Classes
Nov 4th	Evaluations	Evaluations
Nov 11th	Evaluations	Evaluations
Nov 18th		Exchange Week
Nov 25th <small>no classes 27th, 28th, &</small>		Trampoline Week

We are
Thankful for
YOU!

