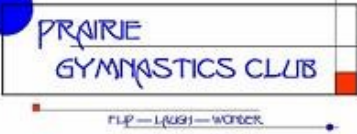


Prairie Gym News



1241 N. Raddant Rd. Batavia, IL 60510 630-406-6803 www.prairiegym.com

Upcoming Events

Fall Classes

Prairie Gymnastics Club has switched to a no contract, pay by the month registration system!

- No long term commitments
- Smaller monthly payments
- View your account and make payments on our new website!



Reminders:

- One make up per month within that month.
- Tuition is due on the 27th of each month for the upcoming month.

September Session
September 1st-September 30th

Closed
Monday, September 3rd (Labor Day)

National Gymnastics Day
Saturday, September 15th

Preschool Playtime Resumes
Monday, October 1st

Did You Know...

...you can request a make up class by logging on to our Parent Portal?

...you can ignore the e-mailed statement from us on the 20th of every month if you want to use our automatic payment feature?

...the most commonly used letter in the alphabet is E?

...dreamt is the only word that ends in mt?

...each time you see a full moon you always see the same side?

...the fortune cookie was invented in San Francisco?

...frogs can't swallow with their eyes open?

When Your Child is Bullied

by the American Academy of Pediatrics

1. Alert school officials and work with them on a solution.
2. Teach your child to be comfortable with when and how to ask a trusted adult for help. Ask them to identify who they can ask for help.
3. Recognize the serious nature of bullying and acknowledge your child's feelings about being bullied.
4. Help your child learn how to respond by teaching your child how to: 1.) Look the bully in the eye, 2.) Stand tall and stay calm in a difficult situation, and 3.) Walk away.
5. Teach your child how to say in a firm voice: 1.) "I don't like what you are doing." 2.) "Please do NOT talk to me like that."
6. Encourage your child to make friends with other children.
7. Support outside activities that interest your child.
8. Make sure an adult who knows about the bullying can watch out for your child's safety and well-being when you cannot be there.
9. Monitor your child's social media or texting interactions so you can identify problems before they get out of hand.

September 2018

Vol 10, No 1



Monday, September 3rd

No Classes



Happy Birthday!

September Birthdays

- 1st Sam S.
- 4th Lucy K.
Alexandra L.
- 5th Ella M.
Coach Suzie
- 6th Meagan (Office)
- 7th Coach Susie B.
- 8th Irelynn B.
- 9th Sebastian M.
- 11th Kat E.
- 14th Gavin C.
Dru B.
- 16th Drew M.
Maggie M.
Claire G.
- 19th Kate S.
- 22nd Kaitlyn J.
Henry I.
- 24th Reid A.
- 25th Joshua M.
- 26th Coach Kevin



New Programs

Calling all cheerleaders and gymnasts! Check out the **tumbling** classes available this Fall at Prairie Gymnastics Club! Our co-ed tumbling classes go through the basics to advanced skills. (Finally master that back handspring!). Add it as a 2nd class and receive 10% off!



Congratulations!

Congratulations to Curran P. on making the Men's Junior National Team at the U.S. Men's Gymnastics Championships in Boston last month!

Good luck to Curran P. and Matt S., both members of Prairie's Junior Elite Team, as they head off to attend and compete for Stanford University. You have both done a great job at representing Prairie over the years and we know you will continue to make us proud in your college careers!

Announcements

Prairie has installed a new TiVo system which allows team gymnasts to view delayed recordings of their routines. The system helps gymnasts see mistakes and make corrections so they can continue to grow and improve!



Theme Weeks

Week of:	Gym Kids	Rec Classes
Sept. 3		Tramp Week
Sept. 10		Handstand Week
Sept. 17	Pirate Week	Pirate Week
Sept. 24		Name That Skill

Preschool Playtime

will be back in October!
Check the calendar on our website for days and times.

