

# Prairie Gym News

PRAIRIE  
GYMNASTICS CLUB

FLIP — LAUGH — WORK

1241 N. Raddant Rd. Batavia, IL 60510

630-406-6803

www.prairiegym.com

## Fall Classes

Registration begins July 30th

Classes begin August 20th

**Prairie Gymnastics Club is switching to a no contract, pay by the month registration system!**

- No long term commitments
- Smaller monthly payments
- View your account and make payments on our new website!

**See the attached sheet for more details!**

## Did You Know...

...Prairie Gymnastics Club has a brand new website? Check it out at [www.prairiegym.com](http://www.prairiegym.com)

...you can now set up automatic payments for your child's monthly recreational gymnastics tuition?

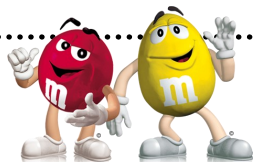
...August has the highest percentage of births?

...the coins thrown into the Trevi fountain in Italy are collected for charity?

...the only continent with no active volcanoes is Australia?

...the letter Q is the only letter that doesn't appear in any U.S. state name?

...M&M's chocolate stands for the initials of its inventors Mars and Murrie?



July/August 2018

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## Upcoming Events

**August Registration Begins**  
July 30th

**Last Day of Summer Session**  
August 11th

**Closed**  
August 12th-19th

**August Classes Begin**  
August 20th

**Closed**  
Monday, September 3rd (Labor Day)



## Ways to Get Active with your Kids

Posted by Health Fitness Revolution

1. **Active Transport** - Teach your kids to walk or cycle when possible and take the stairs instead of using the escalator.
2. **Show Interest** - Be a part of activities that your children enjoy and show your support!
3. **Organized Sports** - Being a part of a team will teach your child many important life lessons including discipline, honor, and being a good teammate.
4. **Take Control of the TV** - American children spend 7 hours a day in front of an electronic screen. Limit their time and make sure they are being active instead!
5. **Get Active Yourself** - Be a good example! Your children will imitate your lifestyle choices - so make them positive.
6. **Get Active as a Family** - Go for walks, play active games, do a family run and train together, join an exercise class together.
7. **Play with your kids** - Play with them and make sure they are active 60 minutes a day!

## No Classes

Monday, September 3rd



## Happy Birthday!

### July

4<sup>th</sup> Lulu D.  
 6<sup>th</sup> Claire S.  
 6<sup>th</sup> Parker R.  
 7<sup>th</sup> Alexis L.  
 8<sup>th</sup> Bryan M.  
 8<sup>th</sup> Curran P.  
 9<sup>th</sup> Kyle M.  
 9<sup>th</sup> Kelli C.  
 10<sup>th</sup> Riley P.  
 10<sup>th</sup> Ellanore S.  
 10<sup>th</sup> Emelia S.  
 11<sup>th</sup> Elise G.  
 11<sup>th</sup> Eduardo M.  
 12<sup>th</sup> Emmeline S.  
 13<sup>th</sup> Keegan E.  
 13<sup>th</sup> Trevor T.  
 16<sup>th</sup> Wynn timer T.  
 20<sup>th</sup> Abigail R.  
 21<sup>st</sup> Vivienne H.  
 26<sup>th</sup> Keira Q.  
 27<sup>th</sup> Evelyn S.  
 28<sup>th</sup> Evan B.



### August

2<sup>nd</sup> Coach Sam  
 4<sup>th</sup> Emma F.  
 9<sup>th</sup> Elliot B.  
 10<sup>th</sup> Jack H.  
 12<sup>th</sup> Ellie S.  
 13<sup>th</sup> Mackenna D.  
 15<sup>th</sup> Leo M.  
 16<sup>th</sup> Adam W.  
 17<sup>th</sup> Nicholas C.  
 18<sup>th</sup> John K.  
 22<sup>nd</sup> Lilly H.  
 23<sup>rd</sup> Sophia B.  
 24<sup>th</sup> Alexandra C.  
 24<sup>th</sup> Vera S.  
 26<sup>th</sup> Grace W.  
 26<sup>th</sup> Evelyn S.  
 26<sup>th</sup> Nalynn O.  
 30<sup>th</sup> Madelyn W.  
 30<sup>th</sup> Izabelle L.  
 31<sup>st</sup> Lex G.

## Staff News

Best wishes to our graduates who are headed to college this Fall: Matt and Curran to Stanford, Theresa to NIU, Kaitlin to COD, and Nora to Emory.

Welcome to Coach Heather who comes to us with many years of experience as a preschool, recreational, and team coach. We're happy to have her join our Prairie family as a preschool/recreational teacher and our GJO Level 3 competitive coach!

Welcome to Coach Eric who also has many years of experience coaching gymnastics and tumbling! Coach Eric will be joining us as a recreational teacher and will also be training alongside our level 9 boys with the hopes of competing internationally!

We say a sad farewell to Coach Debbie who is off to pursue a career in nursing after 10 years of coaching at Prairie! Thank you for your time and dedication! We will miss you!!

*Darion, Jillian, and the Prairie staff and students*

## Congratulations!

Congratulations to Curran P. for being one of 42 juniors in the country to qualify for the 2018 U.S. Gymnastics Championships! This will be Curran's last competition as a member of the Prairie Junior Olympic Elite Team before he is off to compete at Stanford University. Good luck Curran!

## Announcements

Are you wondering where that sweatshirt, jacket, or water bottle went? Please check the Lost and Found located near the front door for anything that may belong to you. Any unclaimed items will be donated to charity as of Monday, August 20th.



## Theme Weeks

Week of:	Gym Kids	Rec Classes
Aug. 20	Safety Week	Safety Week
Aug. 27		Straddle Week
Sept. 3		Tramp Week
Sept. 10		Handstand Week
Sept. 17	Pirate Week	Pirate Week
Sept. 24		Name That Skill

**Preschool Playtime**  
 will be back in October!  
 Check the calendar on our website  
 for days and times.

